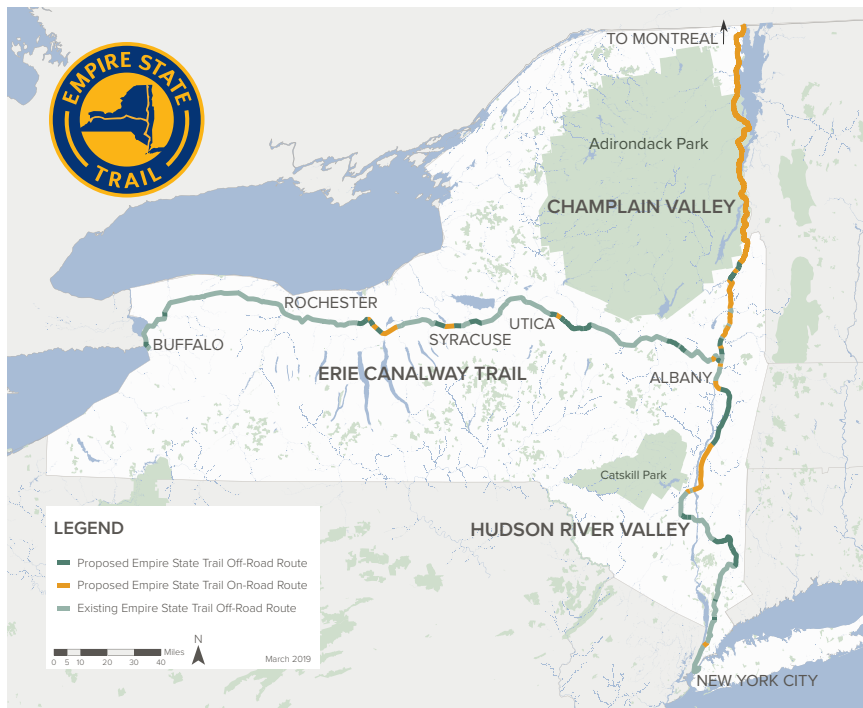


ALONG THE ERIE CANAL



MAP COURTESY EMPIRE STATE TRAIL

TRAIL FACTS

- The trail primarily follows the canal's former towpath and rail corridors. Where an off-road route is not feasible, the trail follows public roadways.
- The trail is mostly level with a hard surface (asphalt or stonedust) and is ADA-compliant.
- Trail activities include bicycling, hiking, wildlife watching, and snowshoeing and cross-country skiing. Horseback riding and snowmobiling are also available on some trail sections.
- Find attractions, lodging, camping, dining and shopping near the trail via mobile websites.
- Trip planning, guidebooks, supported bike tours and other programs are available.



ErieCanalway.org

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Canals.ny.gov



Paddlers in Kayaking 4 Meso approach Lock 5 in Waterford