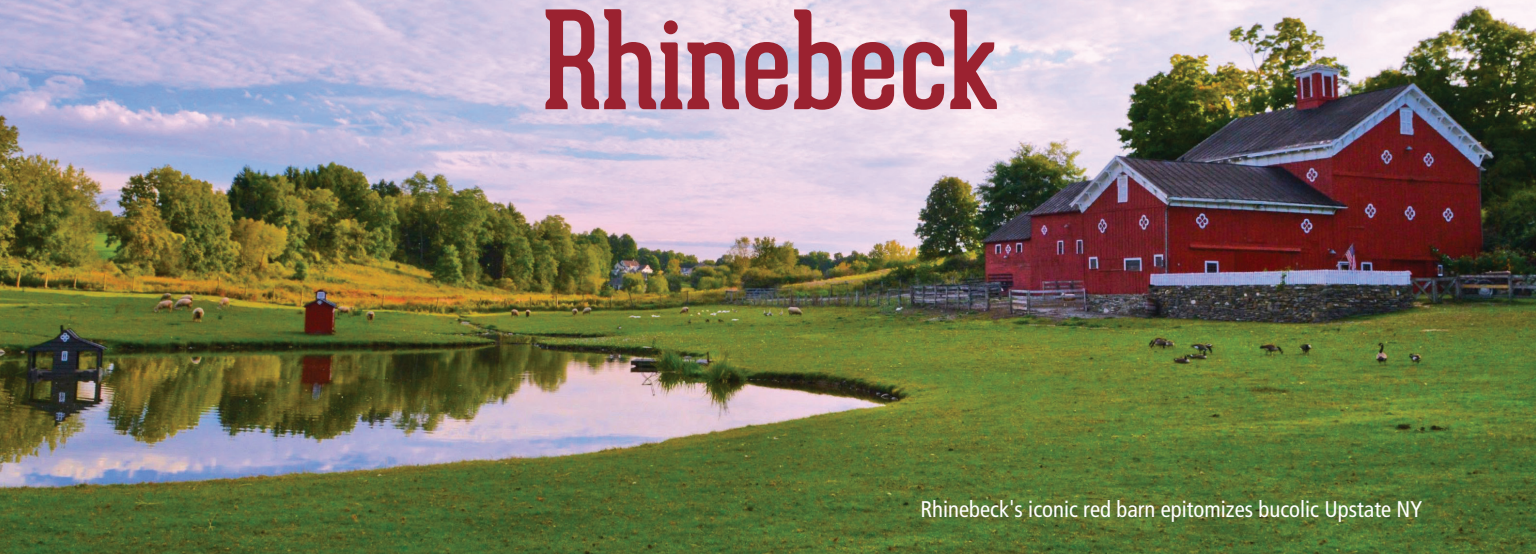


Your quaint, country, Upstate village:

Rhinebeck



Rhinebeck's iconic red barn epitomizes bucolic Upstate NY

By Kirsten Bonanza, *Executive Director*
Rhinebeck Area Chamber of Commerce

Stepping off the platform at Rhinecliff brings a feeling of lightness and excitement. You are stepping into a different world, one which seems simultaneously sleepy and yet filled with activity. At the station, you are minutes by taxi from Rhinebeck and at the foot of The Rhinecliff. You've arrived upstate, the gateway to a quaint village environment that is sure to delight. Whether you choose to stay in one of the charming B&B's, a hotel or at the oldest running inn in America, in Rhinebeck, you are mere footsteps from the experience you desire.

Walking around the village brings a sense of the past to life. There are beautiful country churches, Victorian homes, and historical sites. Don't miss the gothic, impressive Church of the Messiah with its lovely stained glass windows and gargoyles galore. The Beekman Arms & Delamater, the oldest continuously running inn in America and a stately white, pillared building, stands at our main intersection with American flags waving in the breeze. You might not know it, but former President Clinton and family have eaten here, and

the famous Hamilton-Burr fight began in its historic tavern.

Health and wellness are paramount to a life well-lived, and the Rhinebeck area businesses will help you meet this essential need. Omega Institute has ongoing life-transforming courses and everything your spiritual side needs to feel deeply rested and connected. Full-service spas offer an array of opportunities for your self-pampering. Check out Izind Integrated Wellness Center & Institute, Haven Spa, I Kneaded This, and coming the summer of 2019, Mirbeau Inn & Spa.

While the quiet country life might be what draws you to visit. Rhinebeck is nothing if not a vibrant community. You'll know to this is true when you see the Farmers' Market on a Sunday from 10:00 a.m. to 2:00 p.m. This well-curated offering from our local farms will whet your appetite while tempting you to bring goodies home. The Dutchess County Fairgrounds hosts

a variety of events from May to October, bringing in people from all over the country as vendors and participants. What do they all have in common? Why, it's the thought which goes into who vends and shows there that keeps the quality high and leaves these as not to be missed. The same can be said for the local merchants. Porchfest, music on the porches of old Victorian homes, might bring you deeper



Foster's Coach House Tavern. Watercolor