

Traveling with Sports Gear *on Amtrak*

Whether you're hiking up or skiing down a mountain, paddling on a river or pedaling beside it, or teeing off at your favorite golf course, New York State is a sports playground. Amtrak stations across the Empire State are the gateways to whatever you play. Taking small items, such as running shoes or skates, on the train is easy, but bigger gear, such as snowboards or wakeboards, requires planning:

Bicycles

The Lakeshore Limited (Trains 48, 49) is the only Amtrak train in New York State that allows bikes on board as checked baggage*. Check your bike train-side for storage inside the baggage car (\$20), which is equipped with bike racks. It must weigh 50 pounds or less, with a maximum tire width of two inches. Sorry, no recumbents, tandems or any bikes that do not meet standard bike dimensions. There is room for only six bikes per train, first come, first served. Passengers are not allowed in baggage cars, so Amtrak personnel must secure your bike in the bike racks. Before handing your bicycle to an Amtrak crew member, please remove oversized seats, saddlebags, handlebar bags or panniers. These items must be consolidated and either checked or carried with you onto the train. This service is only available at select stations and is not available to/from Albany-Rensselaer (ALB). Advance reservations are required.

While only the Lakeshore Limited allows regular bikes on board, you may bring a folding bike on other trains as one of your two carry-ons. It must be smaller than 34" x 15" x 48" when folded, weight 50 pounds or less and have a maximum tire width of two inches. Only true folding bicycles, with frame latches that allow

them to fold up compactly and small tires, may be carried on trains. Please fold up your bike before boarding the train. Please store your folding bike only in luggage storage areas at the end of the car. Do not put it in the overhead racks!

Golf Clubs

Carry them on, depending on the station and the train.

General Sports Equipment

Balls, bats, cleats, fishing rods, helmets, pads, rackets, in-line skates, skateboards, hockey sticks and lacrosse sticks can all be carried on the train if the item is not considered a weapon or hazardous, weighs 50 pounds or less, and dimensionally is not more than 28" x 22" x 14". Bigger than that, you'll need to check it (only on the Lakeshore Limited*).

Ski and Snowboard Gear

Skis/poles and snowboards must be in a bag or hard-sided case. You can carry on your snow and water skis, snowboards, boots and ski poles if they weigh 50 pounds or less and are 72" or shorter. Otherwise they need to be checked (only on the Lakeshore Limited*).

Surfboards and Wakeboards

No carry-ons. Surfboards and wakeboards must be checked in a protective cover or hard-sided case (only on the Lakeshore Limited*).

For baggage fees and complete terms and conditions for sports equipment on Amtrak trains, go to [Amtrak.com/Special-Items](https://www.amtrak.com/Special-Items).

**Lakeshore Limited is the only Amtrak train in New York State with a baggage car.*

