

# Where Can Amtrak *Take You?*

## THE GREAT NEW YORK STATE FAIR

**August 21 – September 2, 2019**

Take AMTRAK to Syracuse (SYR) to enjoy the New York State Fair. Use the **SEE NEW YORK AND SAVE!** 15% discount off one regular (full) adult fare. In addition, one child, ages 2 to 12, may receive a 50% discount on Amtrak within New York State on selected service routes, traveling with an adult. Purchase tickets at least five days in advance. Blackout dates apply. Available on [Amtrak.com](http://Amtrak.com) and [ILoveNY.com/travel-tools/transportation/amtrak-discount/](http://ILoveNY.com/travel-tools/transportation/amtrak-discount/).



GREAT NEW YORK STATE FAIR

## VISIT VERMONT

Ride the Ethan Allen Express and get a 20% discount! Valid for travel through October 31, 2019 on Amtrak between stations in Vermont. This discount applies to the regular (full) adult fare. Each adult may bring one child, ages 2 to 12, at 50% off the regular (full) adult fare. Blackout dates apply. Seats are limited and must be reserved at least three days in advance. This offer is available exclusively through [VermontVacation.com](http://VermontVacation.com).



ADOBE/VERMONT/AM

For complete terms and conditions on these special offers, go to [Amtrak.com](http://Amtrak.com) or [NewYorkbyRail.com](http://NewYorkbyRail.com).

## RAILS TO RECOVERY

**Take Amtrak to get medical care!**



In 2015, when Barry Shannon of Selkirk, New York was diagnosed with neurotropic melanoma, a rare cancer, he began making monthly trips to Sloan Kettering in New York City for treatments. He commuted by car until he discovered Amtrak's Rails to Recovery program, which offers two-for-one tickets

on its Empire Service. Now he boards the train at Albany-Rensselaer station (ALB) with a caregiver – usually his wife or a friend – gets off at Penn Station (NYP), then takes a subway to whatever doctor's office or hospital he needs to visit.

"It's definitely helpful, just the savings alone, otherwise I wouldn't always be able to bring someone to help me every time," says Shannon, who has balance issues and doesn't walk steadily. He also appreciates the ability to board Amtrak trains earlier than other passengers.

"My doctors use to ask me why my blood pressure was so high when all I did was drive into the city," he says, "On the train, I can sit back, chat or take a nap."

If you or a loved one has a serious illness and must travel for specialized medical care, Amtrak reduces the stress and financial burden through its Rails to Recovery program. In partnership with Voices of Hope, a nonprofit organization based in Albany whose mission is to support families touched by life-altering conditions. Reservations are required and must be made at least three days prior to travel. You must register for the program through one of Voices of Hope's participating partners. Those groups include the American Cancer Society, the American Heart Association, the Cystic Fibrosis Foundation, Ronald McDonald House of the Capital Region and numerous other foundations dedicated to assisting people with serious illnesses.

"This is a life-saving program," says Sandy Nardoci, Voice of Hope co-founder. "Traveling with a serious illness is a struggle for people, not only physically but also financially. We're grateful to Amtrak. It makes a difference."

[VoicesoftheCapitalRegion.org](http://VoicesoftheCapitalRegion.org).